Data Driven Computer Simulation to Analyse an ECG Limb Lead System Used in Connected Health Environments*

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Summary
Background: Recently under the Connected Health initiative, researchers and small-medium engineering companies have developed Electrocardiogram (ECG) monitoring devices that incorporate non-standard limb electrode positions, which we have named the Central Einthoven (CE) configuration.

Objectives: The main objective of this study is to compare ECG signals recorded from the CE configuration with those recorded from the recommended Mason-Likar (ML) configuration.

Methods: This study involved extracting two different sets of ECG limb leads from each patient to compare the difference in the signals. This was done using computer simulation that is driven by body surface potential maps. This simulator was developed to facilitate this experiment but it can also be used to test similar hypotheses. This study included, (a) 176 ECGs derived using the ML electrode positions and (b) the 176 corresponding ECGs derived using the CE electrode positions. The signals from these ECGs were compared using root mean square error (RMSE), Pearson product-moment correlation coefficient (r) and similarity coefficient (SC). We also investigated whether the CE configuration influences the calculated mean cardiac axis. The top 10 cases where the ECGs were significantly different between the two configurations were visually compared by an ECG interpreter.

Results: We found that the leads aVL, III and aVF are most affected when using the CE configuration. The absolute mean difference between the QRS axes from both configurations was 28° (SD = 37°). In addition, we found that in 82% of the QRS axes calculated from the CE configuration was more rightward in comparison to the QRS axes derived from the ML configuration. Also, we found that there is an 18% chance that a misleading axis will be located in the inferior right quadrant when using the CE approach. Thus, the CE configuration can emulate right axis deviation. The clinician visually identified 6 out of 10 cases where the CE based ECG yielded clinical differences that could result in false positives.

Conclusions: The CE configuration will not yield the same diagnostic accuracy for diagnosing pathologies that rely on current amplitude criteria. Conversely, rhythm lead II was not significantly affected, which supports the use of the CE approach for assessing cardiac rhythm only. Any computerised analysis of the CE based ECG will need to take these findings into consideration.

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1. Introduction

The number of persons aged over 60 is said to more than double by the year 2050 [1]. Hence, there will be a significant burden on healthcare services to treat the large number of elderly patients who have chronic diseases. Unless a new model for healthcare delivery is conceived, the cost for healthcare will become unprecedented. For example, the National Health Service (NHS) in the UK maybe forced into privatisation [2]. To help alleviate these risks, Connected Health (CH) has been portrayed as a potential solution [3]. CH is a form of preventative medicine that empowers patients to be more proactive about their health. An important part in this model is the use of technologies to monitor the patient’s vital signs. A number of vital signs including body temperature, blood pressure, respiratory rate and heart rhythm can already be monitored using these devices [4, 5]. Nevertheless, accurate non-invasive real-time monitoring of cardiac activity outside the hospital is one of the most challenging implementations due to its complexity and intrusiveness [6]. The
Electrocardiogram (ECG) is frequently used in the hospital for assessing the cardiac activity of a patient [7]. An ECG represents the electrical activity of the heart and has been used in clinical practice for over a hundred years [8]. It is the gold standard for diagnosing cardiac arrhythmias [8] and is the first tool used to assess patients with a suspected acute myocardial infarction [8]. Given its diagnostic utility and the fact that an ECG can be recorded at a low cost, it was one of the first tools considered for 24-hour ambulatory monitoring outside the hospital [9]. Ambulatory ECG monitoring devices often use four electrodes to record three to six limb leads [8]. As recommended by the American Heart Association (AHA), these four electrodes are normally anatomically positioned using the Mason-Likar (ML) configuration [10]. From the four electrodes used, three electrodes make up Einthoven’s triangle whilst the remainder electrode acts as the ground. Although the ML configuration is traditionally used for ECG monitoring, researchers and small-medium enterprises have developed a number of telehealth devices that position these electrodes at more proximal landmarks. An example product has been illustrated in Figure 1. It shows the extreme proximal electrode positions, which we have named the Central Einthoven (CE) configuration. The figure also illustrates how these devices can be used to stream real-time ECG data via Bluetooth and Wi-Fi to the ‘Cloud’ for display on a physician’s portal [11]. There are a number of reasons why these devices adopt the CE configuration. For example, the CE configuration is less obtrusive and improves patient comfort (given the electrodes are further from the limbs). Whilst the current model of healthcare is to monitor the ill, CH is an emerging model that encourages even healthy citizens to record vital signs in the home, which is often referred to as disease prevention (i.e. monitoring the healthy and not just the ill). Engineering companies have seen this as an opportunity to develop a mass of inexpensive ECG monitoring devices for home-based telehealth. Thus, there could be a larger movement towards citizens adopting these devices and this study shows how the CE configuration changes the morphology of the signals and the cardiac axis when compared to the recommended ML configuration.

This study sets out to compare signals recorded using the ML configuration with signals recorded using the CE configuration. Others have referred to the CE configuration as the 3-electrode system [12]. Both configurations have been illustrated in Figure 2.

2. Methods

This is a retrospective study that involves data from 176 Body Surface Potential Maps (BSPMs) that were recorded from healthy subjects who had no ECG abnormalities. It is imperative to analyse the effects of the CE configuration on healthy subjects for a number of reasons, (a) CH devices will be used by a healthy population for the purposes of the early detection of disease (also known as disease prevention) and (b) to determine the potential of false positives.

The BSPMs (each having 192 leads) were collected by the cardiology faculty of the Nora Eccles Harrison Cardiovascular Research and Training Institute at the University of Utah. Subjects and patients were consented using University of Utah pro-
cedures that were approved by the Institutional Review Board (IRB). This approval was granted and in place at the time of the recordings.

A BSPM is a specialised ECG recording that uses a large number of electrodes positioned around the entire torso [15]. Each BSPM used in this study was recorded using 192 electrodes [16]). Given a BSPM contains almost all of the electrocardiographic information that is available on the body surface, we extracted two different ECG subsets from each BSPM. This included subset (a) a 6-lead ECG derived from the ML configuration (Figure 2a), and subset (b) a 6-lead ECG derived using the CE configuration (Figure 2b).

In total, we extracted 352 ECGs from the entire dataset (176 ML 6-lead ECGs and 176 CE 6-lead ECGs). The actual extraction process was carried out using our Electrode Misplacement Simulator (EMS) which was developed at the University of Ulster [17]. Using BSPM datasets is an optimal scientific approach for comparing different ECG subsets for a number of reasons. The primary reason is that a BSPM is comprised of hundreds of ECG leads that are recorded from all parts of the torso and importantly, these leads are recorded at the same ‘time period’. As such we opted to utilize BSPMs for our comparative study given BSPM data facilitates ‘like-for-like’ comparisons due to the fact that the ECG signals are recorded simultaneously. Thus, using BSPM data for these type of studies has become a standard approach in the research community [18, 19].

As described in the following section, linear interpolation was performed to extract some of the ECG leads from the BSPM. Any interpolated leads were calculated from BSPM leads that were in close proximity (3cm apart), thus derivations are very accurate and likely to have an insignificant error. Also, this approach of near field linear interpolation amongst BSPM leads has previously been shown to be accurate. According to Schijvenaars et al. [20] inter-electrode interpolations based on BSPMs yield extremely small errors that are no greater than signal noise often found in chest electrodes.

### 2.1 Electrode Misplacement Simulator or EMS

The EMS was developed by the authors and has been described elsewhere [17, 21, 22]. For this study, the authors enhanced the EMS software to allow the user to alter limb electrode locations and extract the relevant leads. This new version of the EMS is available on the Internet [23]. The EMS uses an algorithm to extract any limb lead variant from a BSPM. When the user interactively moves a limb electrode, the algorithm detects the nearest four BSPM leads using Euclidean distance and the signals are derived using linear interpolation as defined in Equation 1.

\[
derived Potentials_{(i)} = \sum_{t=1}^{n} neighbourLead_{(t)} \cdot ratio_{(t)}
\]

where \( n \) is the number of neighbour leads \((n=4)\). Each potential at time \( t \) is calculated as a summation of each of the neighbour leads multiplied by a weighted ratio. The ratio is weighted for each individual neighbour lead relative to its distance from the user-defined electrode. More details can be found in previous papers [17, 21, 22].

### 2.2 Metrics for Signal Analysis

Three metrics were used in this study to quantify the similarity/difference between leads derived from the ML and CE configurations. This comparison was performed over three different intervals in the ECG, i.e. the PQRST, QRS and STT intervals. Similarity metrics include the root mean square error (RMSE), Pearson product moment correlation coefficient (r) and the similarity coefficient (SC). Mean ± SD of the metrics were calculated using all of the data including any outliers, however outliers were removed from the boxplots to improve their readability and scale. SC is described in Equation 2.

\[
SC = 1 - \frac{\sum_{t=1}^{n} (x_i - y_i)^2}{\sum_{t=1}^{n} x_i^2 - \frac{1}{n}}
\]

where the denominator is the RMSE and the divisor is the Root Mean Square (RMS) of a ML lead. Within the divisor, \( x_i \) represents a sample value from a ML lead.

### 2.3 Mean Frontal QRS Electrical Axis

We also compared the difference in the QRS axes as calculated from the ML and CE configurations. The QRS axis is not normally used in remote monitoring cases but it can be used to indicate structural and conduction abnormalities of the heart and other researchers have considered the QRS axis to be somewhat important within ECG monitoring [24, 25]. For each of the ML and CE configurations, the QRS axis was calculated using the orthogonal leads I and aVF [26] (known as the quadrant method). The calculation of the QRS axis does consider time as it is calculated using the R peak and S nadir of two leads (and since the R peak and S nadir can occur at slightly different times in different leads). This method of calculating the QRS axis has been defined in Equation 3.

\[
qrsAxis = \arctan \left( \frac{avfRPeak - avfSNadir}{iRPeak - iSNadir} \right)
\]

Where the numerator is calculated by subtracting the R peak (avfRPeak) in lead aVF from the magnitude of the S nadir (avfSNadir) also in lead aVF. Similarly, the denominator is calculated by subtracting the R peak (iRPeak) from the magnitude of the S nadir (iSNadir) in lead I. After calculating the QRS axis for each of the ECGs, we compared the difference in QRS axis angles between the two configurations. This was done by calculating the mean absolute axis difference as defined in Equation 4

\[
meanAbsAxisDifference = \frac{1}{n} \cdot \sum_{i=1}^{n} f(x_i, y_i)
\]

where \( meanAbsAxisDifference \) is the absolute mean average of the values returned by the function \( f(x_i, y_i) \). \( n \) is the number of corresponding ECGs \((n=176)\). \( x_i \) is the QRS axis calculated from a ML based ECG and \( y_i \) is the corresponding QRS Axis calculated.
from the CE based ECG. The function is defined in Equation 5.

\[ f(x, y) = \begin{cases} 
360^\circ - |x - y|, & |x - y| > 180^\circ \\
|x - y|, & |x - y| \leq 180^\circ 
\end{cases} \]

where \( f(x, y) \) returns the absolute difference between two QRS axes when the difference is less than or equal to 180 degrees. Otherwise the function returns the result of 360 degrees subtracted by the absolute difference. This ensures that the difference between two QRS axes is within a 0–180 degrees interval (irrespective of clockwise). We then categorised each of the QRS axis using the function defined in Equation 6.

![Figure 3](image_url)

(A) RMSE of the PQRST across six ECG leads (# of upper outliers: I=13, II=5, III=4, aVR=5, aVL=4 and aVF=5). (B) RMSE of the QRS complex across six ECG leads (# of upper outliers: I=10, II=9, III=7, aVR=10, aVL=2 and aVF=8). (C) RMSE of the STT interval across six ECG leads (# of upper outliers: I=8, II=11, III=15, aVR=7, aVL =2 and aVF=21).
where $x$ is a QRS axis angle which is used by the function to determine the quadrant. For example, if the angle lies within $-30^\circ$ and $90^\circ$, the axis is determined ‘Normal’ [8]. This function was used in this study to investigate whether the CE configuration affects the quadrant classification, which is used as criteria in clinical practice.

### 2.4 Clinical Observation

An expert in ECG interpretation (senior clinical physiologist) was recruited to serially compare 20 ECGs (10 ECGs derived using the ML configuration against the 10 corresponding ECGs derived using the CE configuration). These 10 cases were analysed because they were most affected by the CE configuration. These cases were identified using Equation 7, which calculates a standard composite score for each set of ECGs being compared. Serial comparison also removes the effect of intra-observer variability.

$$
\text{composite Score} = \frac{1}{n} \sum_{i=1}^{n} \frac{x_i - y_i}{z_i} + \frac{a_i - b_i}{c_i} - 1
$$

Where $n$ is the number of leads ($n = 6$), $x_i$ corresponds to the RMSE between the ML and the corresponding CL lead $i$ as calculated over the PQRST; $y_i$ is the mean RMSE of lead $i$ as calculated over all subjects in the study population and $z_i$ is the standard deviation of the RMSE values associated with lead $i$ as calculated over all subjects in the study population.
study population. This part of the equation calculates a standard z-value, which is used to standardise a number so that it becomes ‘metric agnostic’ (i.e. z-values then can be summed with z-values derived from other metrics). In this study, z-values derived from the RMSE values were summed with z-values derived from the r metric. Therefore, a represents r of a particular lead, b is the mean r of this lead (over all cases) and c is the standard deviation of r in this lead (over all cases). This particular z-value is inverted (as its multiplied by −1). The reason being is that high r values signify that the lead is more correlated in both the ML and CE configurations (whereas high RMSE values [or their associated z-values] signify that the leads are more different). Nevertheless, these two z-values are summed to create a composite score. This is then calculated for all leads, which are averaged to create a mean composite score for each case. These scores are then used to rank each case in descending order. Hence, the top ten scoring cases were used to identify which ECGs (according to signal difference) are most affected by the CE configuration. These 20 ECGs were serially compared by an ECG human interpreter (who was blinded to which ECGs were ML or CE based to avoid bias). The ECG observer was requested to consider, a) whether the differences between the two contrasting ECGs are of clinical significance/relevance, and b) rate out of 10 the similarity between the two contrasting ECGs (where 1 = very different and 10 = very similar).

3. Results

Figure 3 depicts box plots of the RMSE calculated over the PQRS, QRS and STT intervals respectively. Each box plot excludes outliers that exceeded a threshold (outliers > 1.5 IQR). Figure 3a shows the RMSE values calculated over the PQRSST between the six ECG leads of the ML and the CE configurations. Leads III (median RMSE = 132uV), aVF (median RMSE = 118uV) and II (median RMSE = 112uV) are the most disparate leads when comparing the ML and CE configurations. For reference and to aid the interpretation of these results, the normal amplitude values and limits for the intervals in an ECG complex are as follows:

- P amplitude=150uV±50, QRS height=1500uV±500, ST=0uV±100 and T height=300uV±200 [27].

Figure 3b shows that the RMSE of the QRS is the highest in leads III (median RMSE = 289uV), aVF (median RMSE = 249uV) and II (median RMSE = 230uV).

Figure 3c shows that the RMSE of the STT interval is again the highest in leads III (median RMSE = 82uV) aVF (median RMSE = 70uV) and II (median RMSE = 70uV).

Figure 3 indicates that lead III is the most contrasting lead. However when analysing the Pearson product moment correlation coefficient, lead aVL is found to correlate the least. This can be seen in Figure 4 in which the mean similarity metrics (i.e. RMSE, r and SC) are reported for the PQRS, QRS and STT intervals. According to r of the PQRSST, leads aVL, III and I are the least correlated leads. In addition, according to the mean SC of the PQRSST, leads aVL, III and aVF are the least similar. However, when considering all three metrics (Figure 4) it is leads aVL, III and aVF that are the most contrasting leads when comparing the two configurations.

As seen in Figure 5, we found a large difference in the QRS axes that were derived using the two different configurations. The CE configuration was found on average to affect the calculated QRS axis by 28° (SD = 37°). We also found that in 82% (144/176) of the QRS axes calculated from the CE configuration were more rightward. In addition, when analysing the quadrant of each QRS axis, we discovered that 26% (46/176) of the QRS axes as calculated from the CE configuration lay within a different quadrant when compared to the corresponding QRS axes derived from the ML approach. As shown in Table 1, when using the CE configuration there is an 18% chance that the calculated QRS axis will misleadingly lie within the inferior right quadrant when the QRS axis should be ‘normal’. Thus, we found a weak correlation (r=0.26) between the QRS axes calculated from the ML and CE configurations. These results strongly indicate that the CE configuration does not facilitate reliable measurement of the QRS axis.

### 4. Preliminary Clinical Observations

Appendix 1 indicates the cases associated with the greatest composite scores. These 10 cases have been made available online [28]. The table indicates whether the clinician identified the ECGs in each case as having clinically relevant differences. The table also indicates the similarity rating given for each case (1 = very different, 10 = very similar). With the mean similarity rating being 4.6 (SD=2.50) and the majority of ratings being between 1 and 4, this indicates that the CE configuration does affect the ECG signals from a clinical perspective. In addition, the clinician identified 6 out of 10 cases where the CE based ECG yielded different features that had clinical significance when compared to the usual ML configuration. There is a moderate correlation between the composite score and the similarity rating (r=−0.46) which validates the composite score. The table also showcases the detailed observations that were made during the comparative analysis. Recurring features involved more equiphasic leads in the CE based ECG (R and S wave being the same length). The CE based ECG often amplified the signal (which was also verified in the quantitative analysis). As described in the table, the CE approach can yield larger ST amplitudes. Perhaps this is due to the CE configuration accentuating early repolarisation.

Table 1 Shows the chance of changing quadrant of the QRS axis if the ECG is recorded using the CE configuration.

<table>
<thead>
<tr>
<th>Quadrant</th>
<th>Chance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Inferior right</td>
<td>18%</td>
</tr>
<tr>
<td>Superior left</td>
<td>4%</td>
</tr>
<tr>
<td>Superior right</td>
<td>2%</td>
</tr>
<tr>
<td>Inferior left</td>
<td>2%</td>
</tr>
</tbody>
</table>

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5. Discussion

Figure 6 is an example case that shows the six limb leads recorded using the ML configuration alongside the corresponding leads recorded from the CE configuration. The figure shows a slight rightward change in the QRS axis when using the CE configuration. Although the difference is subtle in this case, right axis deviation (RAD) can allude to left posterior fascicular block or right ventricular hypertrophy [8]. Arguably, these pathologies are not generally monitored using telehealth devices and the shift in QRS axis may become well accepted. However, clinicians have considered the QRS axis in monitoring situations [24, 25].

Figure 6 demonstrates that leads aVL, III and aVF are the most contrasting leads when comparing the configurations. Lead aVL is largely affected when using the CE configuration. As shown in Einthoven’s triangle (Figure 2a), the positive pole in this lead is derived from the LA electrode. And given the majority of the heart lies on the left side of the chest, the potentials recorded using the LA electrode are significantly different when it is moved from the left infraclavicular fossa to the left side of the chest. Even a small positional change in an electrode that is close to the heart can significantly alter the signal. Conversely, a small positional change on an electrode that is not close to the heart may only result in a small change to the signal [29, 30]. This rationale may help explain why lead aVR is less affected by the CE configuration when compared to lead aVL.

The next most affected signal by the CE configuration is lead III. Using the same rationale, this could be due to the fact that lead III is derived using the LA and LL electrodes. These electrodes are in closer proximity to the heart when compared to the RA electrode. And when these electrodes are repositioned closer to the heart, lead III is significantly affected, especially regarding its amplitude. There may also be a similar explanation as to why lead aVF is considerably different when using the CE configuration. The positive pole in lead aVF is provided by the LL electrode and when this electrode is positioned significantly closer to the heart, thus the amplitude of lead aVF is significantly enhanced.

Although the aforementioned leads exhibit substantial morphological differences in the two configurations, lead II is almost identical. This can be seen in the example provided in Figure 6 and in the metrics provided in Figure 4. Although the QRS amplitude in lead II is slightly increased in the CE configuration, the morphology of this lead is only mildly affected (r=0.91, SD=0.12). Given lead II is traditionally used for detecting rhythm disorders [8], this study indicates that a CE based lead II is reliable for arrhythmia detection.

6. Limitations

There are a number of limitations to this study. To control this experiment we compared the ML configuration as per guidelines with one variant of the CE configuration whereas in the real world there would be some variability in electrode placement when using either the ML or the CE configuration.

Another limitation is that the 10 cases that were visually inspected by a clinician are not representative since these 10 cases represent cases where the CE configuration has the most effect on a normal ECG. Therefore a future study will involve recruiting multiple clinicians (to consider inter-rater reliability) to interpret all cases in this study. An additional limitation is that whilst the clinician was blinded as to which ECG was derived from the CE or ML configuration, they could have had a systematic bias given the changes in the cardiac axis in the CE configuration being more rightward.

7. Conclusions

Leads aVL, III and aVF are the most contrasting leads when comparing the ML and CE configurations. We confirmed that the CE configuration simulates a slight rightward QRS axis, which can emulate pathologies such as right ventricular hypertrophy and right bundle branch block. However, lead II is reliable when using the CE configuration. Thus the CE approach is suit-
able for faithfully monitoring the heart’s rhythm. Given leads aVL, III and aVF are not reliable, the CE approach cannot be used for diagnosing pathologies that rely on specific amplitude criteria, that is unless new criteria are designed for the CE configuration. However, the development of new criteria is unrealistic, costly and time-consuming given the current criteria used in today’s practice was developed over the last 100 years through a significant amount of trials and data collection. In conclusion, such ECG electrode configurations for the context of CH [31–33] need to be enhanced to reliably detect CHD. And if these devices include computerized analysis then the results and limitations presented here need to be considered. Future work may include conducting the same study using a larger database of BSPMs (this is possible given there are a large number of heterogeneous BSPM databases at different research centers around the world [34] – however to date no work has been done to aggregate these datasets).

References